

Suggested Usage: As a dietary supplement, hold nozzle 1" from mouth, spray once and swallow. Use once daily, or as directed by a healthcare professional. Shake well before each use. Store in a cool, dry place.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Manufactured For:
Bethel Pharmacy
205 E. Pine St., Suite 7
Tulsa, OK 74106
918-505-9650



Methylcobalamin B-12 Spray

1,000 mcg

Professional Grade
Dietary Supplement

Vegetarian, Gluten-Free, Soy-Free

1.0 fl. oz. (30 ml)

Supplement Facts

Serving Size: 1 Spray (0.2 ml)

Servings Per Container: 150

Amount Per Serving	%DV
Folic acid 100 mcg	25%
Vitamin B6 (as pyridoxal-5-phosphate & pyridoxine HCl) 2 mg	100%
Vitamin B12 (as methylcobalamin & hydroxocobalamin) 1,000 mcg	16,667%

Other Ingredients: Glycerin, water, and potassium citrate.

KEEP OUT OF REACH OF CHILDREN.